

MEET

Mabel Jean (MJ)

Counseling Dog Est. 2023



About Me

- 7 year old Hound Mix (2018)
- Gotcha Day - 12/24/2018
- My favorite kind of treats - Peanut Butter
- Loves to meet new people & to roll in the grass

How does Session Look?

- **Check-In & Greeting:** Brief check-in, often with a friendly hello from MJ
- **Mabel Jean's Role:** She may sit with you, offer comfort, or join simple activities
- **Therapy Activities:** Talking, growing skills, creative activities, or games with MJ naturally included
- **Your Choice:** You choose how much to interact & MJ also has a say—ensuring all interactions are comfortable & respectful for everyone
- **Wrap-Up:** Quick reflection to end, with a calm, grounding presence

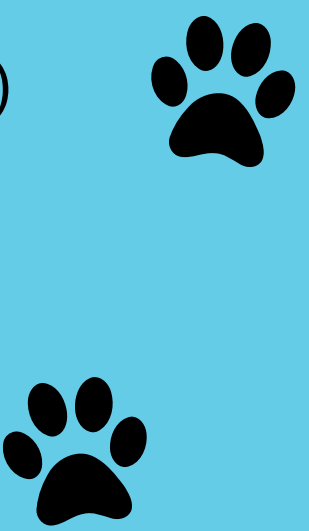
How to Greet Mabel Jean



1. Stand tall & still
2. Fold in arms at waist
3. Let MJ come to you & sniff you
4. Notice MJ's behaviors (ex: tail wagging, mouth open)
5. Pet her!

Achievements

- Worked with clients since 2023
- Works with individuals and groups (up to 15)
- Has over 16+ client case load
- Has worked with children (young as 10), teens, & adults
- Can be incorporated into EMDR sessions with clients



Likes

&

Dislikes

- Pets on the chest & back
- Treats
- Belly rubs
- My burger toy
- Naps
- Hugs

- Tail pulling
- Touching her paws
- The rain/being wet
- Rough scratching/pets



Mabel's Certifications & Training Hours

- Level 1 Adult Training | 100 hours
- Level 2 Adult Training | 100 hours
- AKC - Certified Good Canine (CGC) | 100 hours
- AAC Certification (2023-2024) | 120 hours

